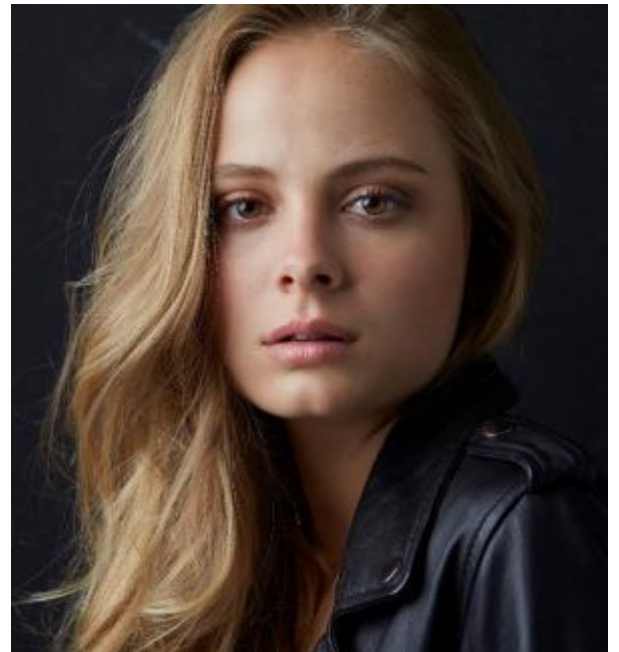




## ATHENA STRATES

Height: 1.6m  
Hair: Blonde  
Eyes: Hazel  
Languages: English, Afrikaans, German  
Accents: British, American  
IMDB: [www.imdb.me/athenastrates](http://www.imdb.me/athenastrates)



### TRAINING

Date	Institution	Description/Qualification
2017	ACT Cape Town	Auditioning for Camera Workshop with Christa Schamberger & Digby Young
2017	ACT Cape Town	Standard American Accent Workshop with Grant Swanby
2017	ACT Cape Town	Standard British Accent Workshop with Grant Swanby
2014	Performance Laboratory	Physical Theatre, Stage Performance, Dance, Musical, Singing
2013	Performance Laboratory	Camera Acting, Physical Theatre, Stage Performance Dance, Musical, Singing
2012	Performance Laboratory	Physical Theatre, Musical, Stage Performance
2011	Performance Laboratory	Physical Theatre, Dance, Musical, Singing

### FILM

Film	Role	Dir. / Production Company
On The Run / Auf der Flucht	Nora (lead)	Kai Wessel / Hager Moss / Two Oceans Productions
The Dating Game Killer	Camper Misty	Peter Madek / Light and Dark Films

## TELEVISION

<b>Series</b>	<b>Role</b>	<b>Dir. / Production Company</b>
Killer Instinct	Susan Scoven	Trilogy Productions
Troy: Fall of a City	Servant	Owen Harris / Film Afrika
American Monster	Tonya Beasley	Ian Clarke / Trilogy Creative Studios
Of The Dragon	Sasha	David O'Connor / BounceBoard Production
SAF3 (Season 2)	Drowning victim	Gregory J. Bonann

## THEATRE & LIVE PERFORMANCE

<b>Production Title</b>	<b>Role</b>	<b>Dir. / Venue</b>
Crossing the Red Line	Fringe Theatre and Adaptation	Della Schneider / Nassau Theatre
Eisteddfod for Theatre and Dance Association	Own Choice Monologue: "Silence Like Glass"	Della Schneider / Sea Point Civic Centre
Cape Town Eisteddfod	Own Choice Poem: "This is the End"	Lindy Kawalsky / Sea Point Civic Centre
Reflections	Fringe Theatre and Adaptation	Della Schneider / Nassau Theatre
Eisteddfod for Theatre and Dance Association	Own Choice Monologue: "Making Noise Quietly"	Della Schneider / Sea Point Civic Centre
	Intermediate Scene: "He's Just Not That Into You"	Della Schneider / Sea Point Civic Centre
Episodes	Fringe Theatre and Adaptation	Della Schneider / Nassau Theatre
Insanitorium	Physical Theatre and Dance	Della Schneider & Di Ross / Baxter Theatre Dance Festival
Eisteddfod for Theatre and Dance Association	Own Choice Monologue: "Mysterious Skin"	Della Schneider / Sea Point Civic Centre
	Intermediate Duologue: "Girls Interrupted"	Athena Strates / Sea Point Civic Centre
	Intermediate Experimental Theatre: "Insanitorium"	Della Schneider & Di Ross / Sea Point Civic Centre
	Intermediate Experimental Theatre: "Garden of Eve"	Della Schneider / Sea Point Civic Centre
Supernova	Fringe Theatre and Adaptation	Della Schneider / Nassau Theatre Grahamstown National Arts Festival 2014

## COMMERCIALS

<b>Product</b>	<b>Role</b>	<b>Date / Territory</b>
Tymbark	Featured	2017 / Poland
Lidl	Featured	2016 / Finland
TJX	Featured	2016 / USA
Targo	Featured	2014 / Germany
Coca-Cola Competition	Lead	2014 / Mexico
Targo Bank	Featured	2014 / Germany
Vaillant	Featured	2013 / Europe
Polo Vivo	Featured	2012 / Germany

## **AWARDS**

Eisteddfod for Theatre Dance Association- "Silence Like Glass" (Own Choice Monologue): MERIT AWARD  
Cape Town Eisteddfod - "This is the End" (Own Choice Poem): PRO LABORE  
Eisteddfod for Theatre Dance Association - "Making Noise Quietly" (Own Choice Monologue): DIPLOMA  
Eisteddfod for Theatre Dance Association - "He's Just Not That Into You" (Intermediate Scene): DIPLOMA  
Eisteddfod for Theatre Dance Association - "Mysterious Skin" (Own Choice Monologue): DIPLOMA  
Eisteddfod for Theatre Dance Association - "Girls Interrupted" (Intermediate Duologue): DIPLOMA  
Eisteddfod for Theatre Dance Association - "Insanitorium" (Intermediate Experimental Theatre): DIPLOMA  
Eisteddfod for Theatre Dance Association - "Garden of Eve" (Intermediate Experimental Theatre): DIPLOMA  
Best Supporting Role in Camps Bay High School Interhouse Play Festival  
Camps Bay High School Drama Awarded: PRO MERITO  
Camps Bay High School Drama Awarded: HONORS

## **SPECIAL SKILLS/ TRAINING**

Sports: Athletics, Beach Tennis, Tennis, Hockey, Roller Skating, Soccer, Swimming, Handball, Softball,  
Cross Country  
Dance: Physical Theatre  
Musical: Singing